

Behavioral Health Advisory Board
Meeting Agenda
October 21, 2019, 3-4:30 PM
Behavioral Health Department Conference Room
Third Floor, Sierra Center Mall, 452 Old Mammoth RD
Mammoth Lakes, CA

Attendees: Stacy C., Ingrid B., Rolf K., Matthew O., April N., Molly F., Susi B., Robin R., Michelle R., Amanda G., Sandra P., Tom B., Jeff F.

- Public Comment: none received
- Approval of Minutes from 6/10 and 8/12 (action)
 - Ingrid approves, Susi seconds, minutes pass
- Community Health Improvement Plan Behavioral Health Presentation by Public Health Director Sandra Pearce
 - Started with a comprehensive county-wide needs assessment that started over a year ago in which we started having the conversation around what health looks like, including social determinants of health like poverty and housing
 - Focus group, surveys, key informant interviews
 - Four Identified Priorities: Substance Use, Behavioral Health, Clinical Care Access and Preventive care, Dental Care Access and Preventive Care
 - Started the work of Creating an Implementation Plan – one of the things we recognized was that there are many services, but not everyone is aware of what other agencies are doing (communication channels)
 - Focus on implementation plan for Behavioral Health as this presentation
 - Objective 1: Increase access to BH care
 - Is BHAB the appropriate place for Implementation Plan to live?
 - Stacy explains the purpose of the BHAB under WIC and the MHSA
 - Discussion around “Kindness Counts”/anti-stigma campaign
 - Decision: Although there are touch points with this plan, the implementation plan shouldn’t live with BHAB
 - Objective 2: Increase awareness of ACEs, which can lead to depression and suicidal ideation in youths
 - Susi suggests adding First 5 and Child Abuse Prevention Council as collaborating agencies to the implementation plan
 - Matthew mentioned the high rates of suicidal ideation on CHKS data in ESUSD especially; Robin spoke to the data and ways that we are working on this issue
 - Robin training ESUSD MS and HS teachers around suicide prevention
 - Root cause: how to create environments that aren’t so despairing

- Objective 3: Expand availability of wellness programs and classes to educate community members on managing anxiety and depression
 - Discussion about how this might include seniors
 - Objective 4: Understand the impacts of social determinants of health including isolation, housing, and poverty
- Behavioral Health Dept. & Housing Update
 - Robin:
 - Harm Reduction Coalition training – 50 people showed up
 - Linda Garrett – Tuesday the 29th – anyone can come: she does our HIPAA compliance training – we use it for our HIPAA Certification, but she doesn't provide certification herself
 - Two people out on leave and three resignations; we have positions open
 - Fiscal audit coming up
 - Strong feelings about how cumbersome the administrative burden is (very daunting)
 - Hoping to work with a Spanish speaking psychologist through our telemedicine provider
 - We have a new doctor (Dr. Yu) via telemed: people really like him so far; also has his X Waiver so can provide suboxone
 - Sierra Park Clinic/Mammoth Hospital are seeing a lot of people with Medi-Cal, which has in part been prompting conversations about what work is most important for our department to do. Discussion around how the hospital focuses more on the Mammoth population and how MCBH could focus more on rest of the county
 - Ideas shared around offering Batterers' Intervention Spanish-speaking women's group and using telemed to have enough people
 - We are in the final stages of an MOU with Kern County for use of their Crisis Stabilization Unit in Ridgecrest. When we see people in Emergency Department here, the paramedics can take people there when needed.
 - Amanda
 - After a long process, the Davison property is in escrow with an affordable housing developer.
 - Mammoth Housing project with Integrity housing – we are still looking for 1-2 acre site
 - Walker Small House Project – we are conducting a needs assessment
 - We are participating in the PIT Count subcommittee
- Innovation Plan Time Extension - Amanda (action)
 - We are planning to fully participate in the statewide Technology Suite Innovation plan, and we have been approved to do so by the BHAB, BOS, and MHSOAC; however, the plan is taking much longer to roll out and we've also had some administrative snags, so essentially, we are proposing that the new "start date" of the project be in October, 2019. Does the BHAB approve?

- Ingrid moves, Susi seconds; BHAB approves this change
- Data Notebook Review and Discussion
 - Move to next meeting
- New Board Member Recruitment
 - Print out more flyers and give to Michelle Raust
 - Internally send out flyers
 - Consider attending the Hospital Board meetings as a cross-exchange
 - Advertise in the paper
 - Make sure we have voices other than the government voice – represent the community
 - Offer consumers incentives to serve on BHAB
 - Gas/food card; CoC offers \$300 for homeless representative; \$25-\$50 gift card seems appropriate
 - Amanda will poll her MHSA colleagues to compare incentives
 - Can we have a youth representative?
- Board Member Reports
 - Ingrid: Telepsych in the jail has started and many inmates taking advantage of that; could we potentially use MHSA to pay for more telepsych hours given SB 389? This service is really important because when they exit they can keep continuity of care. Community Services Solutions gives people a to do list upon re-entry and CCP is working to hire a navigator to make sure it gets done.
 - Matthew – October is Domestic Violence Awareness month. Wild Iris recently held two fundraising events: one at Mono Inn and one at the Warming Hut (along with volunteer Eastern Sierra). Their transitional housing is at capacity and they have been doing a lot of direct client services. Their youth educator is back from leave and they've entered into partnership with Inyo County First 5 setting up PPP parenting classes in Bishop and Lone Pine; a lot of buy-in from the community.
 - Susi: Continuum of Care (through IMACA) is in the process of purchasing a condo in June Lake (Birch Creek Condo). The hope is that when escrow closes, the CoC will use it as transitional housing. SHINE was just funded to provide direct services to homeless youth and Susi is being trained/certified in remote workforce so she can train people on how to work remotely.
 - Stacy: the BOS is going to full enact a ban on flavored tobacco, including menthol cigarettes, flavored chew, etc. The Town is considering the same ban on November 6. The BOS is also moving forward with a housing mitigation ordinance.
- Confirm date and adjourn to next meeting (December 9)
 - MHSA Public Hearing for FY 19-20 Annual Update
 - Request to include information on the role of the BHAB
 - To take place in the DSS Conference Room (reserved)
 - Snacks/meal will be provided
 - Data Notebook

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