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## **FOR IMMEDIATE RELEASE**

### **Mono County Emergency Medical Services Hosts Free AED Trainings**

*Public Invited to Attend One of Four Scheduled Sessions*

**MONO COUNTY, Calif. (MAY 13, 2024)** – Mono County Emergency Medical Services (EMS) is pleased to announce a series of free Automated External Defibrillator (AED) trainings open to the public. These trainings aim to equip individuals with life-saving skills and knowledge, empowering them to respond effectively in emergency situations.

*"We live in a rural, frontier community where we look after each other, and Mono County EMS believes that empowering members of our community with the skills to respond to cardiac emergencies can make a significant difference in outcomes,"* said Chief Bryan Bullock, Mono County EMS. *"Through these free AED trainings, we aim to ensure that more individuals have the knowledge and confidence to act swiftly when it matters most."*

Cardiac emergencies can happen anytime, anywhere, and having the ability to provide immediate assistance can significantly improve the chances of survival. With this in mind, Mono County EMS is committed to enhancing community preparedness by offering comprehensive AED trainings facilitated by certified instructors. During these trainings, participants will learn essential techniques, including:

- Recognizing cardiac emergencies
- Proper operation of an AED
- Understanding the importance of early defibrillation

Mono County EMS recognizes the importance of widespread access to AEDs and the critical role they play in saving lives. By providing these trainings at no cost to participants, the agency hopes to foster a community of individuals ready and capable of responding to cardiac emergencies with confidence and competence. In addition to other local agencies, Mono County

EMS has 22 AEDs strategically placed throughout the county. Details on these locations (and others) can be accessed [here](#).

### **TRAINING DETAILS**

**Option 1: Walker**

Date: June 1, 2024 (Saturday)

Time: 10AM – 12PM

Location: Walker Community Center (442 Mule Deer Road)

**Option 2: Bridgeport**

Date: June 30, 2024 (Sunday)

Time: 10AM – 12PM

Location: Bridgeport Memorial Hall (73 North School Street)

**Option 3: Lee Vining**

Date: TBD

**Option 4: Crowley Lake**

Date: TBD

For more information about Mono County EMS and upcoming AED trainings, please visit the [Mono County EMS Resources](#) webpage or contact Chief Bryan Bullock at [bullock@mono.ca.gov](mailto:bullock@mono.ca.gov).

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